



SAUDI BOARD RESIDENCY TRAINING PROGRAM

PREVENTIVE MEDICINE

Part One Examination

Examination Format:

Part I Examination of Saudi board certificate shall consist of one paper with 150 Single Best Answer MCQs. Up to 10% unscored items can be added for pretesting purposes.

Passing Score:

1. The passing score is 65%.
2. If the percentage of candidates passing the exam before final approval is less than 70%, the passing score can be lowered by one mark at a time aiming at achieving 70% passing rate or a score of 60% whichever comes first. Under no circumstances, may the score can be reduced below 60%.





Suggested References:

The listed books and online references should cover most of the knowledge required to pass Part I Examination. Newly released national or international guideline within 4 months or less from the date of the exam will not be considered.

Recommended Textbooks:

1. Wallace,R. (2022). Wallace/Maxcy-Rosenau-Last public health & preventive medicine. McGraw-Hill.
2. Joann G. Elmore (2020). Jekel's epidemiology, biostatistics, preventive medicine, and public health. Elsevier
3. David D Celentano (2018). Gordis epidemiology,6th edition, Elsevier
4. Abhaya Indrayan (2018).Medical biostatistics,4th edition. Taylor & Francis.
5. Joseph LaDou (2019). CURRENT Diagnosis & Treatment Occupational & Environmental Medicine, 6th Edition. McGraw-Hill.
6. Jacob A. David (2024) CURRENT Practice Guidelines in Primary Care,21th edition. McGraw-Hill.
7. Sharon B. Buchbinder(2021). Introduction to healthcare management, 4th edition. Jones & Barttlet learning

Suggested websites and guidelines:

1. www.moh.gov.sa
2. www.cdc.gov
3. www.who.int
4. www.osha.gov
5. www.cancer.org
6. <https://www.uspreventiveservicestaskforce.org/>
7. Saudi clinical preventive guideline:
<https://chi.gov.sa/AboutCCHI/CCHIprograms/Documents/Saudi%20Clinical%20Preventive.pdf>
8. Saudi guideline on prevention and management of obesity:
<https://chi.gov.sa/AboutCCHI/CCHIprograms/Documents/Saudi%20Clinical%20Preventive.pdf>
9. Asthma Pocket Guide for Health Care Professionals:
<https://www.moh.gov.sa/en/Ministry/About/Health%20Policies/Asthma-Pocket-Guide-for-Health-Care-Professionals.pdf>
10. National Heart Center/Saudi Heart Association 2023 Guidelines on the Management of Hypertension: <https://www.j-saudi-heart.com/cgi/viewcontent.cgi?article=1328&context=jsha>





11. National clinical guidelines available at :
<https://chi.gov.sa/AboutCCHI/CCHIprograms/Pages/prog020.aspx>
12. NICE guidelines: www.nice.org.uk
13. American heart association guidelines and statements (primary stroke prevention, cardiovascular diseases risk assessment, cholesterol adult management, lifestyle management to reduce cardiac risk) available at:
<https://professional.heart.org/en/guidelines-and-statements>

Note:

This list is intended for use as a study aid only. SCFHS does not intend the list to imply of these specific references, nor are the exam questions necessarily taken solely from these sources





Blueprint Outlines:

No.	Sections	Percentage
1	Epidemiology/ Demography /Biostatistics	30%
2	Communicable Diseases / Non-Communicable Diseases	30%
3	Clinical Preventive Medicine	10%
4	Occupational and Environmental Health	10%
5	Health Systems/Management	10%
6	Social and Behavioral Health/ Health education and promotion	10%
Total		100%

Note:

- All sections include questions from related academic courses, field and clinical rotations.
- Communicable Diseases / Non-Communicable Diseases section includes questions from the clinical rotations in internal medicine, pediatrics, emergency medicine and psychiatry.
- Blueprint distributions of the examination may differ up to +/-5% in each category.
- Percentages and content are subject to change at any time. See the SCFHS website for the most up-to-date information.
- Research, Ethics, Professionalism and Patient Safety are incorporated within various domains.

